




2017 SPORTS CAMP



As summer approaches, Picacho Hills Country Club once again invites your children to participate in our **JUNIOR SPORTS CAMP** for ages 5-13. The Sports Camp is designed to introduce and develop the fundamentals, skills, and strategies of golf, tennis, and swimming. The quality of the instruction is by far the best of any camp in the area. We highly recommend our multi-sport program so that children receive instruction in a variety of “lifetime sports.”

July 10th–14th (Monday thru Friday), and 17th–21st (Monday thru Friday)
 9:00 a.m. - 1:00 p.m.

Daily schedule is listed as follows:

- 8:55 - 9:00 am: Drop-Off by Bag Drop
- 9:00 - 9:55 am: First Sport Lesson
- 10:10 - 11:05 am: Second Sport Lesson
- 11:20 - 12:15 pm: Third Sport Lesson
- 12:15 - 12:55 pm: Lunch
- 12:55 - 1:00 pm: *Pick-up Promptly at 1:00 pm



* All children should be picked up promptly at 1:00pm by the Bag Drop area. Parents will be required to sign in/sign out their child each day.

* Please Note : Late Pick Up - \$1.00 per minute after 1:10 pm.

Maximum class sizes will be 10 children per instructor. All lessons will be taught by qualified instructors and certified professionals. Each group of campers will be accompanied at all times by a counselor.

Early Registration fees are as follows (plus tax):

Members: \$300.00 for one child, \$275.00 each for additional children.

Non-Members: \$375.00 for one child, \$350.00 each for additional children.

The deadline for early registration is **May 29th (no exceptions)**. After May 29th, all rates will increase by \$25.00 each.

Final deadline for registration is **July 1st, 2017**.

There will only be 75 spots available and members will have first priority.

Our utmost concern is that your child is in a safe environment and that s/he has the time of their life in this year’s Sports Camp!

For more information call 523-8641 Ext #21.

We will host an Awards Banquet on Friday, July 21st at 4pm for all campers. More information will be made available during Sports Camp.

Also available this year for purchase (with PHCC logo):

- Junior hat (available in Navy, Pink or White)
- Color changing water bottle
 (Frosted Clear changes to Blue)
- Sling Backpack (Red)



Dates to remember

Sunday—July 9 at 2pm Meet your child's counselor! (Optional)

Monday—July 10—9:00am sharp—Sports Camp starts! Drop off and sign in your child with his/her counselor at the golf bag drop-off (and pick-up / sign-out at 1:00pm sharp)

Week One: Monday through Friday—July 10-14

Week Two: Monday through Friday—July 17-21

Friday—July 21—4:00 pm—Sports Camp Awards Banquet! Please RSVP.

Lunch Menu (subject to change)

Mon — July 10	Chicken Tenders & Fries	Mon — July 17	Sub's, Choice of Ham or Turkey
Tues — July 11	Sub's, Choice of Ham or Turkey	Tues — July 18	Cheese Quesadilla
Wed — July 12	Kid Burger & Fries	Wed — July 19	Hotdogs & Fries
Thur — July 13	Pizza Party	Thur — July 20	Chicken Tenders & Onion Rings
Fri — July 14	Nacho Bar	Fri — July 21	Pizza Party

* All lunches will include a beverage and dessert (ie. Fruit cup, Pudding cup, Cookies, Veggies, etc.)

Dress Code & General Conduct Notes

All Campers are expected to wear their issued camp shirt daily. Extras are available for purchase.

Close-toed (non-marking) Tennis shoes must be worn during tennis and golf sessions.

If you have a set of Junior Golf clubs, and/or Junior tennis racquet, please bring it (them) daily.

For swimming, campers should bring: Towel, Goggles (optional), Bag for wet clothes, Change of clothes.

For those who burn easily, a swim shirt is recommended. For girls, a one-piece suit would be preferred.

For all activities: Please bring a hat with brim, sunscreen and water to stay hydrated.

Sunglasses are suggested, but not required.

The Snack Bar will not be available to sports campers. If your child needs additional food or snacks beyond the provided lunch, please pack them in your child's sports camp bag.

Campers are expected to follow directions of ALL staff—instructors, counselors, etc.

Respect your instructors and your fellow campers. Any aggressive or abusive behavior will not be tolerated.

Stay with your group and counselor at all times—Have FUN!!!

Our Directors

Golf: TJ McMullan—I am currently the Director of Instruction. I have participated in the PHCC junior sports camp as a child. As an instructor, I love to have fun while playing and practicing golf. We will be working on all aspects of the golf game, from the short game to the driving range while still incorporating fun games like putter tag and tennis baseball and a little competition during golf. We will also teach golf etiquette and professionalism as an important life lesson.

Swimming: TBD—During swimming, we will be following Red Cross standards for instruction as we focus on basic swimming mechanics, water safety and swimming endurance. The more advanced swimmers will receive more emphasis on stroke technique and endurance, and with time permitting, may begin working on junior lifeguard skills. Each swimmer will receive a Red Cross certificate of level completion at the end of camp.

Tennis: Krishn Panchal—PHCC's Director of Tennis will oversee the Tennis segment of sports camp. Krishn has worked with many high performance juniors as a hitting partner and traveling pro while in India. After getting certification from USPTA and USPTR he hasn't looked back and constantly keeps looking for ways to improve his ability to teach tennis and maximizing ways to make it fun. At this moment he has a tennis management certification from Tyler Junior College and hopes to continue his education towards athletic training as well.

Camp Coordinators: Becky Van Valkenburg, Garry Cramer, Jim Nodurft



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Child's Name: _____ Age: _____ DOB: _____ Shirt Size: _____

First Week only: _____ Second Week only: _____ Both Weeks: _____

Allergies (including food) or physical problems, if any _____

Name of parent or guardian: _____

Email address: _____

Phone (Home): _____ Work: _____

Address: _____ City, State: _____ Zip: _____

Member (Bill my member # _____) Non-Member

Payment Enclosed: (credit card or check #) _____ Exp Date: _____

I, _____, (Guardian) of _____, age _____, have disclosed any pertinent medical history that may affect full participation by the registered camper (use back side of this page if necessary), and hereby release Picacho Hills Country Club, and /or any authorized persons in charge of any Junior Sports Camp Program, of any liability that could result from an accident that causes physical injuries to my child while participating in any Junior Sports Camp Activity.

I give my permission and/or consent to Picacho Hills Country Club and/or authorized personnel the authority to secure and authorize emergency medical treatment for my child in case of an emergency while participating in any Junior Sports Camp Activity. Further, I authorize any physician, hospital, or clinic that is certified to render emergency services to do so, in the event that they are deemed necessary. I also agree to pay all the costs and fees contingent on any emergency care and/or treatment for my child secured or authorized under this consent. Note: Every effort will be made to notify parents immediately in case of an emergency. In the event of an emergency, it would be necessary to have the following information:

PARENTS NAME: _____ PHONE: _____

PHYSICIAN: _____ PHONE: _____

DENTIST: _____ PHONE: _____

EMERGENCY CONTACT: _____ PHONE: _____

SIGNED: _____ DATE: _____

Each registered camper will be provided one (1) uniform shirt. Please indicate above his/her size.

I would also like to purchase:

- _____ (Member/Non-member) (\$15.00 / \$18.00) Extra Camp Shirt
- _____ (\$10.00 / \$15.00) Hat (specify color: Navy - Pink - White)
- _____ (\$ 3.00 / \$ 4.00) Water Bottle
- _____ (\$ 10.00 / \$12.00) Sling Backpack

FOR OFFICE USE ONLY:	
Date Received:	_____
Payment type:	_____
Billing Details:	_____
Total Billed:	\$ _____
Processed by:	_____